



# Elementary Breakfast Menu December 2020



Monday	Tuesday	Wednesday	Thursday	Friday
*Menus subject to change without notice*				
<b>All meals will come with a daily selection of fruit cup &amp; 4oz fruit juice.</b>				
30	1	2	3	4
7 Apple Cinnamon Muffin  1% Milk	8 Cinnamon Cream Cheese Bagel  1% Milk	9 Vanilla Yogurt w/ Graham Crackers  1% Milk	10 Whole Grain Benefit Bar  1% Milk	11 Cereal Cup  1% Milk
14 Blueberry Muffin  1% Milk	15 Strawberry Cream Cheese Bagel  1% Milk	16 Raspberry Yogurt w/ Graham Crackers  1% Milk	17 Whole Grain Benefit Bar  1% Milk	18 Cereal Cup  1% Milk
21 Banana Muffin  1% Milk	22 Cinnamon Cream Cheese Bagel  1% Milk	23 Strawberry Yogurt w/ Graham Crackers  1% Milk	24 <b>NO SCHOOL</b>	25 <b>NO SCHOOL</b>
28 <b>NO SCHOOL</b>	29 <b>NO SCHOOL</b>	30 <b>NO SCHOOL</b>	31 <b>NO SCHOOL</b>	1 <b>NO SCHOOL</b>

**WELCOME BACK!**

**All meals are at no-cost to you!**

**Short on time?  
Free Breakfast!**

**Forgot to pack?  
Free Breakfast!**

**Picky eater?  
Free Breakfast!**

**Attention Parents....**  
**No-Cost Meal Curbside Pickup is CHANGING!**

**Same location - DIFFERENT TIME!**

**Pick up is now Monday - Thursday from 4pm - 6pm only @ ARCOLA!**

MEAL PRICES  
ARE AT  
NO COST!!

**Did you know...?**

Any student can get breakfast, on any school day!

Visit the cafeteria as soon as you come in & get something to fuel up for the day!

**Complete meals...**

consist of (4) items, with an entree, (2) fruit servings, and 8 oz. milk

For information on nutrition, applying for free or reduced meals, adding money to student accounts, next month's menus and more visit us online at:  
[www.methacton.org/aramark](http://www.methacton.org/aramark) or scan this QR code!



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